**Josephine N. Koeshall**

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Bozeman, MT 59718

**Objective**

**Compassion, dedication and patient-centered care are qualities that are important in nursing practice. Success is fulfilling the needs of the patient and family in a holistic manner alongside the medical care given.**

**Education**

* Carroll College (Helena, MT)
	+ Bachelor of Science in Nursing (B.S.N.) May 2020
	+ Student Undergraduate Research and Presentation April 2019
		- “Prevention of Postpartum Hemorrhage” https://scholars.carroll.edu/surf/2019/all/81/
* Georgetown University (Washington D.C.) September 2022-present
	+ Masters of Science in Nursing (M.S.N., WHNP/CNM)

**Professional Experience**

REGISTERED NURSE – Labor and Delivery May 2020-Present

Bozeman Health, Bozeman, MT Family Birth Center (36+ hours/week)

* Collect comprehensive data pertinent to patient health and situation
* Analyze assessment data to aid in determination of diagnosis of issues
* Identify expected outcomes for a plan of care for patient’s and their families
* Assess, diagnose, plan, implement and evaluate postpartum patient and infant status
* Perform assessment on postpartum patient from two hours postpartum until discharge
* Perform assessment on newborn infant from two hours old until discharge
* Provide holistic care to patient and family
* Communicate and collaborate with care team to provide the best plan of care
* Implement evidence-based practice to the care the patient receives
* Stay up to date on competencies and continued educate to provide the best and most up to date care

REGISTERED TRAVELING NURSE – Labor and Delivery April 2022-June 2023

Kootenai Health, Coeur D’Alene, ID (36+ hours/week)

Kapi’olani Medical Center, Honolulu, HI (36+ hours/week)

Holy Rosary Healthcare, Miles City, MT (36+ hours/week)

OB SURGICAL TECHNICIAN/HEALTH UNIT COORDINATOR May 2017-June 2020

St. Peter’s Health, Helena, MT Women and Children’s Unit (12-36 hours/week)

* Prepare and maintain sterile field for Cesarean Sections, deliveries, circumcisions and other sterile procedures
* Assist as scrub tech for Cesarean Sections, circumcisions, vaginal deliveries, Foley induction placement, admission process, triage process and pediatric procedures
* Clean up, set up and restock operating room, delivery rooms, postpartum rooms, pediatric rooms, circumcision room, anesthesia machine and anesthesia cart.
* Perform hearing screenings, obtain Oxygen saturations and give baths to infants
* Member of the Unit Counsel
	+ Monthly meetings discussing relevant LDRP and Pediatric unit issues, discrepancies, policy updates, staffing, employment and communication with other units regarding transport and quality improvements

WELLNESS TECH August 2019-June 2020

* St. Peter’s Health, Helena, MT
* Perform wellness screening through obtaining biometric measurements including height, weight, waist circumference and blood pressure
* Obtain a blood sample from hand or arm
* Educate client on lab draws and biometric measurements
* Provide therapeutic communication with clients that score high on the PHQ 9 assessment assessing for mental health concerns

NANNY July 2014-Present

* Daily care and routines for young infants and children aging 5 months – 12 years

CERTIFIED NURSE AID May 2018-Decmeber 2018

* Obtain vital signs and weights on clients
* Assess vital sign values and report to nursing staff
* Monitor intake and output
* Bed changes

**Experience (Community Service)**

* Journey Church: 3 hr/week August 2020-Present
* Grace Bible Church: 4 hr/month March 2023-June 2023
* Carroll College:12 hours October 2016–May 2020
* Chi Alpha Leadership team August 2017-December 2019
* Grace Community Fellowship: 2hr/week August 2017-September 2019
* Executive Board Member Saint’s for St. Jude October 2017–September 2019
* Bring Love In (Addis Ababa, Ethiopia): 50 hours July 2018

**Certifications**

* Advanced Cardiac Life Support Expires, March 2025
* Advanced Fetal Heart Monitoring Completed March 2023
* Basic Life Support Expires, April 2025
* Intermediate Fetal Heart Monitoring Expires, December 2024
* Neonatal Resuscitation Program Expires, June 2024
* STABLE certification Expires, May 2024
* Public Health Readiness Completed October 2019

**Honors and Awards**

* Carroll College Student Nurses Association September 2018-May 2020
* Sigma Theta Tau International Honor Society of Nursing Inducted October 2019