Alyssa Lempka

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**Objective:**

To obtain an opportunity as a Family Nurse Practitioner to provide holistic and compassionate care to empower patients through their health. Always striving to work with integrity, be an active learner, and show a positive sense of character.

**Education**

## Family Nurse Practitioner / pending August 2023

*Walden University*

*GPA: 3.9*

*Hours: 480-* ***in progress*** *| Patients: 313-* ***in progress***

*Capstone: Clinical Inquiry on Platelet Rich Plasma*

*Academic Experience: pelvic exams, pap smears, breast examination, vaginal wet mount/KOH, cryotherapy, fetal doppler, fundal measurements, cervical checks, lab interpretation*

***Bachelor of Science in Nursing / 2017***

*Arizona State University -* Tempe*,* AZ

GPA: 3.6

Minored in nutrition, volunteered with S.H.O.W. Homeless clinic

Academic Experience: Mayo Clinic Hospital, Phoenix Children’s Hospital, St. Joseph’s hospital, Scottsdale Shea Hospital

***Associate of Applied Science / 2014***

*Northwest College -* Powell, WY

GPA: 3.7

Collegiate soccer

**Experience**

2018 - **Current** Registered Nurse, Obstetrics & M/S

Hot Springs Health, Thermopolis, WY

* Charge nurse
* Experience in prenatal exams, prenatal assessment, fetal heart monitoring, labor coaching, breastfeeding assistance, postpartum and newborn screenings
* Involved in OB Committee

2022 – **Current** Registered Nurse

Worland Healthcare and Rehabilitation, Worland, WY

2021-2022 Travel Nurse with AHS Staffing, Obstetrics & M/S

Powell Valley Health Care, Powell, WY

* Assisted with SVD, C/S, VBACs, and waterbirths

2018 Registered Nurse, Medical Unit

Wyoming Medical Center, Casper, WY

# Certifications

# Basic Life Support (BLS) and CPR (2022)

# PALS - Pediatric Advanced Life Support (2023)

# ACLS- Advanced Cardiac Life Support (2023)

# NRP- Neonatal Resuscitation Program (2022)

# Intermediate Fetal Heart Monitoring (2021)

# S.T.A.B.L.E. (2023)

# National Incident Management System certified (NIMS) (2018)