



SHERIDAN  
MEMORIAL HOSPITAL

## HealthLife Patient-Directed Blood Draws

### ☐ **Chemistry Panel & Heart Risk Panel - \$62**

#### **FASTING RECOMMENDED PRIOR TO BLOOD DRAW**

These screenings are intended to provide information to be used by health care professionals to detect potential problems and help make you more aware of your health. The panel is a group of tests routinely done to determine general health status. This panel also includes the Heart Risk Panel.

This panel is covered annually for employees and Sheridan Memorial Hospital Foundation members.

### ☐ **Heart Risk Panel - \$40**

#### **FASTING RECOMMENDED PRIOR TO BLOOD DRAW**

This is a baseline assessment for heart health. By looking at your cholesterol and triglycerides - which are like a window to your heart health - this screening is a proactive approach to a healthier heart and can identify potential risk factors for cardiovascular disease.

### ☐ **TSH (Thyroid Stimulating Hormone) - \$30**

A TSH blood test is used to determine how well your thyroid is working, diagnose thyroid conditions and measure the amount of thyroid-stimulating hormone in the blood.

### ☐ **Iron Profile + Ferritin - \$45**

An iron profile and ferritin test measure the amount of iron in your blood. You may consider this test to determine if you have too much or too little iron in your blood, which can indicate iron deficiency anemia, iron overload, liver disease or other health issues.

### ☐ **Hemoglobin A1c - \$30**

This test measures the average blood sugar levels over the past three months. While this screening is a crucial indicator for pre-diabetes and diabetes, it does not diagnose those conditions. Rather it is used in the management of such conditions.

### ☐ **Vitamin D - \$50**

Vitamin D helps to control calcium and phosphate levels in the body, which is critical for the health of bones and teeth.

### ☐ **Testosterone - \$50**

Healthcare providers typically test for testosterone levels in males if they show symptoms of low testosterone (such as low muscle mass, infertility or low libido) and in females if they show symptoms of high testosterone levels (such as acne, excess facial hair or body hair, infertility, irregular periods).

### ☐ **PSA (Prostate Specific Antigen) - \$32**

A PSA test measures a protein produced by the male prostate gland. This screening is recommended by the American Cancer Society for men over the age of 50.

### ☐ **Vitamin B12 + Folate - \$40**

This test will look at levels of vitamin B12 and Folate in your blood, which can indicate possible deficiencies, anemia, malnutrition or malabsorption.

### ☐ **CBC (Complete Blood Count) - \$15**

A Complete Blood Count is a group of tests that evaluate the cells that circulate in blood, including red blood cells, white blood cells and platelets. This test can help monitor and diagnose medical conditions and check on the health of your immune system.

**For additional explanations  
of each test, see  
[sheridanhospital.org](http://sheridanhospital.org) or  
scan the QR code.**



My SheridanHealth

**Healthlife blood draws are patient-directed, so you will receive your results via MySheridanHealth – our Patient Portal – or via mail if requested. These tests do not require a physician's order.**



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## HealthLife Patient-Directed Blood Draws

### WHAT TO KNOW BEFORE YOU ARRIVE

- For some of the tests, we recommend 8-12 hours of fasting before the blood draw. Please take note of whether the tests you'd like to receive have this recommendation.
- Drink plenty of water before your appointment.
- Walk-ins are welcome at the locations listed below and will be accommodated alongside scheduled patients on a first-come, first-served basis.
- Patient-directed labs are not billed to insurance. Patients are responsible for payment at time of service.
- Please wear a short-sleeved shirt or comfortable clothing for the blood draw.

### WHERE TO GO FOR LAB DRAWS



#### **SameDay Health & Imaging**

1470 Sugarland Drive, Suite 1  
Sheridan, WY  
307.673.2411

**Mon-Fri 6:30 am - 6 pm**  
**Sat-Sun 9 am - 6 pm**



#### **SMH Outpatient Center**

1333 W. Fifth St., Suite 100  
Sheridan, WY  
307.672.1035

**Mon-Thurs 6:30 am - 5 pm**  
**Fri 6:30 am - 4 pm**



#### **Primary Care (Downtown)**

61 S. Gould St.  
Sheridan, WY  
307.675.2690

**Mon-Thurs 8:30 am - 5 pm**  
**Fri 8:30 am - 4 pm**

### SCHEDULE YOUR PATIENT-DIRECTED FOR LAB DRAWS

Visit [sheridanhospital.org/medical-services/laboratory](https://sheridanhospital.org/medical-services/laboratory) and find the “Schedule my patient directed lab draw” button or scan the QR code to the right. Be sure to choose both the **LOCATION** and **TIME** most convenient for you.

