



SHERIDAN MEMORIAL HOSPITAL

Womens Clinic

1333 West 5th Street, Suite 210 | Sheridan, WY 82801
307.672.2522 | Fax: 307.672.3732
sheridanhospital.org

Lawrence Gill, MD, Gregg McAdoo, MD
Rebecca Franklund, Lindsay Capron, MD
Rebecca Krzyminski, DO, Elisabeth Scalva, MD
Bridgette Baker, WHNP, Tracy Jons PA-C
Becky Olson WHNP

Community Resources

Emergency Services

Emergency	911
Poison Control	1-800-955-9119
Police Department	672-2413
Sheriff's Office	672-3455
National Suicide Prevention Lifeline	1-800-273-8255
National Domestic Violence Hotline	1-800-799-7233
Sexual Assault Hotline	1-800-656-4673

Health Care

Sheridan Memorial Hospital	672-1000
Veterans Administration Medical Center	672-3473
Sheridan County Community Health	672-5169
Sheridan Health Center (Free Clinic)	674-6995
(Age 19-64, uninsured, and Sheridan County resident)	
Reproductive Healthcare of the Big Horns	672-7054
Sugarland Walk-in Clinic	675-7777
Orthopedics - Sheridan Orthopedics	674-7469
Neurology, Dr. Mayer	673-6300
Urology, Dr. Holst	672-1806
Urology, Dr. Trojan	307-577-8600
Dermatology, Dr. Robbins	672-8941
ENT, Dr. Bateman	672-0290
Psychiatry, Dr. McDuffie	673-4389
Ophthalmologist, Dr. Walker	307-429-0430
Optometry, Wyovision Associates	673-5177
Optometry, Sheridan Eyecare Center	675-2020
Optometry, Eye Care of the Bighorns	674-0444
Gastroenterology Associates	307-265-1792

Physical Therapy

Wyoming Rehab	674-1632
Sheridan Physical Therapy	672-2092
Core Physical Therapy	672-5000
Advance Therapy	683-0123
Back Country Physical Therapy	461-9669
Active Balance Physical Therapy	655-2509
Buffalo Physical Therapy	307-684-8623
Fly Speech Therapy	751-3396
Virginia Karuna Starr	429-0967
Purpose Physical Therapy	763-7234

Home Care Equipment/Supplies

Lincare	672-0073
Community Home Oxygen	672-9021
Hospital Pharmacy (Main Street)	672-2426
Hospital Pharmacy West	673-3188
Bellkins Paps	673-2807
Senior Center	672-2240
Life Link of Sheridan County	751-9348

Transportation

Goose Creek Transit	674-9272
Sheridan Transportation Taxi	674-6814
Wyo Rides	675-TAXI (8294)

Sheridan Memorial Clinics

Internal Medicine - Dr. Juli Ackerman, Dr. Sierra Gross, Dr. Hannah Hall, Dr. David Walker, Jason Otto MPAS, PA-C, Erin Scherry PA-C	675-2650
Ear, Nose & Throat - Dr. Cheryl Varner, Dr. Pattie Visscher, Dr. Shalyn Ballew	675-4646
Heart Center - Dr. Michael Brennan, Dr. Joseph Garcia, Jennifer Graslie PA-C, Amanda McIntire FNP-C, Wendy Price PA-C	675-4610
Big Horn Surgical - Dr. Corey Jost, Dr. Barry Mangus, Dr. Sara Maguire, Dr. Josh Scott	673-3181
Primary Care - Dr. Kris Chamber, Dr. Christopher Prior, Dr. Erica Rinker, Dr. Derek Redinger, Jessica Neau PA-C, Diana Charlson FNP-BC, Rebekah Montgomery FNP-C, DNP, Jeffery Shideman FNP-C, DNP	675-2690
Rheumatology - Dr. Benjamin Widener	675-4474
Women's Clinic	672-2522
Welch Cancer Center - Oncology Dr. Megan Ratterman, Dr. Martin (Marty) Lucas	674-6022
Urgent Care at Sheridan Memorial Hospital	675-5850

Sheridan Memorial Hospital

Diabetes Education	675-2640
Medication Assistance Program and Donation Assistance	673-2400
Patient Financial Assistance	675-4620
Outpatient Lab Message Line	675-4675
Outpatient Radiology Scheduling	672-1045

Dentists

Goose Creek Dental	307-655-8661
Michelle Meehan, DDS	307-674-9713
Grinnell St. Dental	307-672-7567
Family Dental	307-674-9661
Coffeen Plaza Dental	307-674-6330
Whitney Plaza Dental	307-675-1905
Billings Oral Surgery & Dental Implant Center	307-673-4452

Support Groups

Caregiver Support - Sheridan Senior Center	672-2240
Mastectomy Support (Lumpy Orphans) Lynn Gordon	672-6789
General Cancer "A Shared Journey"	674-6022
A.A.	674-2082
Al-Anon Judy	672-5331
Rex	751-0847
Mary	672-3101
Northern Wyoming Mental Health Center: provides a variety of support/educational groups	674-4405

Food Services/Nutrition/Weight Management

Senior Center & Home Delivered Meals	672-2240
Food Stamps (DFS)	672-2404
Women/ Infants/Children (WIC)	672-5174
Salvation Army	672-2444
People Assistance Food Bank	675-1140
Lunch Together	672-2668
Tailored Nutrition (Georgia Boley)	752-8213
Candace Garner, RD	307 575-4967

Counseling Services /Mental Health/Depression

Northern Wyoming Mental Health Center.....	674-4405
Banner Counseling & Life Coaching, Deeann Noecker MA	307-683-2565
Mountains Edge Counseling, Jennifer Jones MS LPC LAT	751-4268
Timothy Blaney PsyD	307-684-9360
Clay Pot Counseling, Dawn Sopron LCSW (telehealth visits)	752-7016
Rising Sun Wellness Center	674-1668
Brenda Jacob, Licensed Addiction Therapist	
Colleen Sidhu LCSW	751-5563
Counseling Associates, Servio Carroll EdS, NCSP	752-6251, 673-3386, 751-3769
Life Strategy Center	674-8686
Roxy Hart MS LPC, Charles Shipley MA LPC, Jim Wyssmann PhD, Deanne Wyssmann LPC, Dee Smidt, MS PPC, David Pearson LAT LPC, Kim Ripley, LCSW	
Kelly White Counseling LPC	655-9626
Piedmont Psychological Practice, Drs. Askins, Busch, Ziegler	672-2468
Rhonda Money MSW LLC	307-217-0159
Wyoming Counseling.....	674-1520
Sharyn Siler MSW LCSW, Joan Adsit, MSW LCSW, Janette Mydland MS, Victor Ashear PhD	
Celebrate Recovery, Cornerstone Church.....	672-8126
Big Horn Psychological Services, Dr. Jeff Clark/ Alicia Clark	675-1805
Lauren Q. Gilkerson, MS, LPC, NCC: Child, Adolescent, Adult & Family Counseling	763-2363
Cloud Peak Initiatives	674-1668
Victor Asher - Dementia Evaluations	672-3135, 674-1520
Willow Creek Counseling	675-8160
Sheridan Counseling Services, Beth Lenz.....	461-0818
Fortis Therapy, Andi Bell LCSW	675-1275
Alpine Roots Counseling, Rachel Payne, LPC	307-227-6305
Summit Psychological Services	307-429-0672
Katie Christopherson, LCP.....	763-2830
Wolf Creek Counseling, Samuel McCune, MA, LPC, NCC	307-763-8121
Resonance Counseling, Diana Cline, LCSW	751-7916
Holding Hope Counseling Service	307-429-1194
Online options: www.betterhelp.com or www.talkspace.com	

Substance Abuse

A.A.	307-429-0672	
Al-Anon websites: www.Al-Anon.org or www.WyomingAl-Anon.org		
Northern Wyoming Mental Health Center		
provides a variety of support/educational programs.....		674-4405
Volunteers of America: WYSTAR.....	672-2044	
Mountains Edge Counseling.....	751-4268	
Internal & Addiction Medicine Clinic (SMH))	675-2674	

Maternity/Parenting Services

Child Development Center	672-6610
Child Advocacy Services of the Big Horns	675-2272
Legacy Pregnancy Center	673-4757
WIC	672-5174

Sheridan County Public Health672-5169

Adult & Maternity Programs Available

- Diabetes and nutritional counseling
- Medication Donation Program
- Medicaid Waiver Program Nursing Assessments (LT101)
- Mental Health counseling with Psychologists via webinar
- Two complete binders for additional outside references

Government Services

Medicaid Recipient Helpline	1-800-251-1269
Medicare Information	1-800-633-4227
Social Security Admin	1-866-530-7798
Workers Compensation	672-7849
Wyoming Independent Living	461-2229
Department of Family Services	672-2404
Department of Workforce Services	672-9775
Wyoming Commission on Aging.....	1-800-442-2766
Mental Health & Substance Abuse	1-307-777-7094



8/24/2022

Smoking Cessation

www.wyoquitlogix.org

1-800-QUIT-NOW (1-800-784-8669)

www.smokefree.gov

Local Service Organizations

Advocacy and Resource Center.....	672-7471
Wyoming Independent Living.....	1-800-735-8320
Salvation Army	672-2444
Sheridan County Library.....	674-8585
American Cancer Society in Wyoming.....	1-800-227-2345

Excercise

Sheridan County YMCA.....	674-7488
Pure Energy	655-5891
Body Shop/ Taylor Gym	672-8663
Cloud Peak CrossFit.....	752-4350
Night Vision Body Works	673-0115
Downtown YOGA and Fitness	675-1998
Kula Space Yoga.....	461-1960
Chic Fitness	752-1128
Core Pilates.....	672-5000
A Place of Wholeness Yoga.....	752-5026

Acupuncture

Cloud Peak Acupuncture, Traci Wilson	655-8055
Bubbling Springs Acupuncture.....	674-6821
Barbara Laughlin	675-4400

Chiropractors

Atlas Chiropractic	672-6000
Buchanan Chiropractic.....	673-1222
David Harbour, DC	672-0007
Deines Chiropractic.....	673-5075
Winklemann Chiropractic	763-4141
Sheridan Spine & Sports Medicine	763-4556
Wyoming Clinic of Chiropractic	655-8775