



# FREE Drive-by Sleep Apnea Screening & Healthy Heart Education

**Tuesday, August 25, 2020**

drop by any time from **9am-1pm**

**Sheridan Memorial Hospital**

**Cafeteria parking lot** (north side of hospital - look for signs)

**No need to get out of your vehicle – please wear a face covering.**

Health care professionals will help you complete a Sleep Apnea questionnaire to take to your doctor on your next visit. They will also provide materials suggesting ways to improve your lifestyle and heart-healthy tips.

**Sleep apnea  
can be  
dangerous...  
...even lethal.**



SHERIDAN  
MEMORIAL HOSPITAL

[sheridanhospital.org](http://sheridanhospital.org)