



To: Sheridan Memorial Hospital Stakeholders and Partners
From: Dr. John Addlesperger, Chief Medical Officer
Barb Hespen, Chief Nursing Officer
Re: Coronavirus (COVID-19) Update
Date: March 12, 2020

As you may be aware, the first positive test for COVID-19 in Sheridan has been detected. The person is isolated at home, doing well, and being monitored by Public Health. People having close contact with the person are being contacted by Public Health.

This reinforces the importance following the CDC guidelines for infection control practices.

- Avoid close contact with people who are sick.
- Avoid touching your eyes, nose and mouth.
- Cover cough or sneeze with tissue and dispose of tissue in the trash.
- Stay home if sick (but if you are concerned it may be more than just a cold, please consult your physician).
- Clean and disinfect frequently touched objects and surfaces using a regular household cleaning spray or wipe.
- Wash your hands often with soap and water for at least 20 seconds. If soap and water are not available, use an alcohol-based hand sanitizer with at least 60% alcohol. Always wash hands with soap and water if hands are visibly dirty.

The main [Sheridan Memorial Hospital website](#) is updated regularly with the most recent information and recommendations from the Centers for Disease Control (CDC) on standard precautions.

To better serve our community and keep everyone safe, SMH has implemented a new phone number for anyone who thinks they may have contracted the Coronavirus (COVID-19).

Dedicated Coronavirus (COVID-19) Phone Number – 307-672-1004

Please, this is not a question and information line, but a direct line for those who have these symptoms and think they may be infected with the virus. The symptoms to watch for are:

- Fever
- Cough

- Shortness of Breath

Hospital Cafeteria/Sidewalk Café Closure

In addition, the SMH cafeteria and Sidewalk Cafe will be closed to public access until further notice. Food service for patients and employees will continue.

Any personal health questions should be directed to your primary care physician.

Thank you.

Resources/Links

[Wyoming Department of Health](#)

[CDC – What You Need to Know](#)

[CDC – Print Resources](#) – Multiple posters with various information to share with staff and post around your office