

WOOHOO!!



**\*\*ALL SMH Employees\*\***



**COME JOIN US!!**

## **HEALTHY CHOICES SCREENINGS**

*(approx. 40 minutes)*



*Mondays & Wednesdays*

*In October 2010*

*4pm ~ 8pm*

*SMH CardioPulmonary LAB*

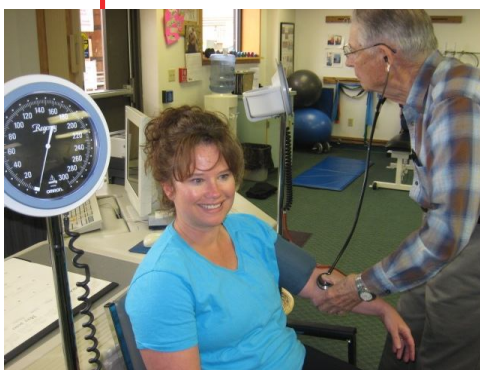
**By Appointment**

**Sign Up NOW!**

**Call or Email**

*SMH Ext. 1159*

*teresaaraas@sheridanhospital.org*



*Teddy E. Araas  
Wellness Coordinator*

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